CLAIMS

[Claim(s)]

[Claim 1]A lycopene, lutein, B-carotene, astaxanthin, mannitol, L-histidine, acetylation L-histidine, histamine, sulfur containing amino acid, Phospholipid, erythorbic acid, tryptophan, tyrosine, methionine, Cystine, a hypotaurine, rutin, rutin glucoside, quercetin, Thiotaurine, zeaxanthin, vitamin E, those derivatives, and those salts, An optical aging depressant chosen from the Spatholobus suberectus Dunn extract, a ginseng extract, a mica cuttlefish extract, a SAMPENZU extract, the Melissa extract, a YASHAJITSU extract, a creeping saxifrage extract, a rakanka extract, and a tea extract. [Claim 2]Skin external preparations containing a kind of the optical aging depressant according to claim 1, or two sorts or more.

[Claim 3]Ingredient [following] (A) Reach (B).

(A) Skin external preparations containing a kind of a drug effect agent chosen from a kind of the optical aging depressant according to claim 1 or two sorts or more, the (B) anti-oxidant, an anti-inflammatory agent, a chelating agent, and ultraviolet inhibitor, or two sorts or more.